



**LIFEGUARD-INSTRUCTOR  
 POSITION POSTING**

**Department: Fitness**

**Job title: Lifeguard-Instructor**

**Type of position:**

- Full-time
- Part-time
- Temporary
- Contractor
- Intern

**Hours: Flexible Mon - Sun (29 Hour Maximum)**

- Executive / Administrative
- Programmatic
- Exempt
- Nonexempt

**Reports to: Fitness Director**

**Supervises: N/A**

**General Description:**

To facilitate Fitness Connection Department programming primarily directed toward pool activities:

- o maximizing quality of aquatic programming,
- o ensuring safety, preventing injuries and minimizing or eliminating hazardous situations and
- o pool and natatorium maintenance.

**Position Requirements:**

- o High school graduate or GED
- o Must have current certifications in
  - i. Lifeguard certification,
  - ii. CPR,
  - iii. First Aid and
  - iv. Water Safety Instructor (WSI).
- o Weight requirements – 35lbs and on occasion 100lbs.
- o Must be able to swim
  - i. breast stroke - 100 yards
  - ii. Side - 100 yards
  - iii. American crawl - 100 yards
  - iv. Any style - 200 yards
- o Pick up brick off bottom of pool – 10lbs
- o Tread water 2 minutes w/no hands.
- o Physical ability to perform lifeguard functions on land and in water.
- o Must be able to pass a criminal history check done for criminal indictment involving an offense against a person, an offense against the family, or an offense involving public indecency under Texas Penal Code as amended or an offense under Chapter 281 of the Texas Health and Safety Code.
- o Regular, good attendance with flexible schedule.
- o Ability to walk, bend, stoop, twist at waist, reach above shoulder level, climb stairs, lift at least 30 lbs., squat, and kneel.

**To apply, submit application, resume and 2 Letters of Reference from past supervisors to:**

YWCA Administrative Office  
 4601 Corona  
 Corpus Christi, TX 78411  
 361-857-5661 ext 13  
 361-857-0254 (fax)  
[adminywca@ywcacc.org](mailto:adminywca@ywcacc.org)

## **RESPONSIBILITIES (Essential Functions):**

- A. Serve as **Pool Manager** for the shift and ensure the safety of all individuals in the pool area.
- B. Teach swim lessons.
- C. Be rescue-ready for a save.
- D. Assure that all lifeguarding equipment is in good condition.
- E. Know the rules of the pool and enforce them firmly, fairly, consistently, and courteously to all facility users.
- F. Maintain the pool area by cleaning it daily (i.e. picking up loose trash, any aerobic equipment used, etc.). Check the water chemistry and pool temperature and log them.
- G. Prevent injuries and minimize or eliminate hazardous situations.
- H. Work with people of all ages and handle their requests in a positive manner.
- I. Communicate the current program information to participants.
- J. Be willing to work flexible hours (including weekends).
- K. Be dependable, use good judgment, and be responsible working without direct supervision.
- L. Maintain proper attitude toward safety and ensure that all operations are performed in accordance with the standards.
- M. Must remain in the pool area at all times; leaving the pool without a lifeguard on duty is grounds for immediate dismissal.
- N. Attend required training sessions and staff meetings.
- O. Assist with other assignments as required by supervisor.
- P. Cell phones, electronic devices and reading materials are not permitted while on duty.
- Q. Must be vigilant and active at all times.