## Thank You to YWCA 2022 Major Investors

Ed Rachal Foundation Anonymous Coastal Bend Community Foundation Kenedy Memorial Foundation Cheniere Energy City of Corpus Christi Anonymous II CITGO YWCA USA Rally Credit Union  $\mathcal{H}E\mathcal{B}$ Devary Durrill Foundation Mueller Foundation Blanche Davis Moore Foundation Behmann Brothers Foundation Bonilla & Chapa, PC Port of Corpus Christi Authority IBC Bank

Nancy Wesson-Dodd Valero Energy Foundation Nueces Electric Cooperative Katherine & Daniel Dain Sarah Williams De Colores CDC Cheryl M Cain South Coast Real Estate Texas A LM Kingsville Missy Medary Dr. Anne Matula Driscoll Children's Hospital Communities in Schools Tony Bonilla TAMU-CC Academic Affairs Dr. Clarenda Phillips Driscoll Health Plan Marjorie Prichard

# **YWCA IS ON A MISSION**







# **2022** Annual Report



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**2022** Annual Report



#### **2022 Board of Directors**

President: Sharon Murphy
Coastal Bend Air Quality Partnership

1<sup>st</sup> Vice-President: Della Meadows Community Volunteer

2<sup>nd</sup> Vice-President: Anna Borrego Valero

Secretary: Christina Murphey, Ph.D. Texas A&M University—Corpus Christi

Treasurer: Anju Ahuja Community Volunteer

Past President: Cheryl Cain
Texas A&M University—Corpus Christ

Executive Committee: Victoria Morales
Driscoll Children's Hospital

Valeria Ford

South Coast Real Estate

Karen Fregia
Coastal Bend Real Estate

Jessica Guerra

Education Service Center Region II

Bianca Medina

Law Office Bianca A Medina Rodriguez

Corina Soliz IBC Bank

Leska Vasquez

### From the President / CEO Nancy Wesson-Dodd

In 2022 YWCA, along with the country, gradually eased out of "pandemic mode." We released the mask requirement. We re-initiated in-person classes. We returned to in-person events. If the past two years have taught us anything, it's that people cannot live comfortably and productively without other human beings.

Since 1946 YWCA Corpus Christi has focused on participants' abilities to MAKE CONNECTIONS. The name of our fitness program is Fitness CONNECTION. We plan and hold classes, events, activities and gatherings so that you, our patrons, can make CONNECTIONS with each other.

Why? Because research repeatedly shows that people who are isolated are far more likely to (a) suffer from depression, (b) engage in unhealthy behaviors, and (c) rapidly decline when they are denied regular interaction with other people. Meaningful and important interactions can include friends, family, exercise buddies, church acquaintances, classmates, even brief encounters.

While seniors are often more seriously affected, young people also need regular interaction with their friends and age-mates. In teaching young girls how successfully to make friends and keep them, the YWTeen Program has enhanced the lives of girls ages 10-12. The YWTeen program is now back in school classrooms--a great step toward happier times and lives!

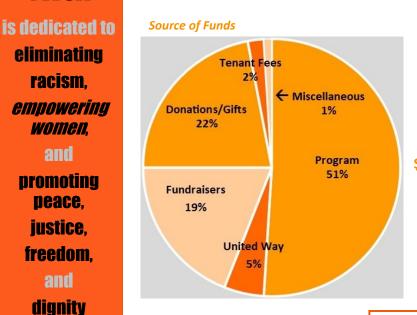
Remind yourself and tell your friends, family, acquaintances, neighbors and classmates about the benefits you receive through the YWCA! They will thank you for it!

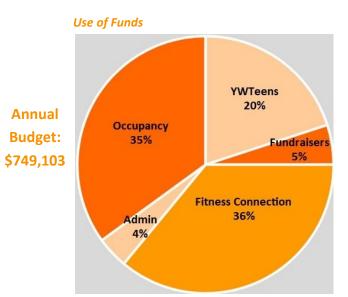
Remember...

WE ARE STRONG ALONE FEARLESS TOGETHER

Nancy

# YWGA by the NUMBERS 2022





FITNESS CONNECTION
MEMBERS
1,490
Served • 90% over age 55

Participant Total 2,285 Total Employees 9 FTE's

**7WCA TEEN PARTICIPANTS 795**Served · Ages 10-12

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Edward Jones

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### **YWCA**

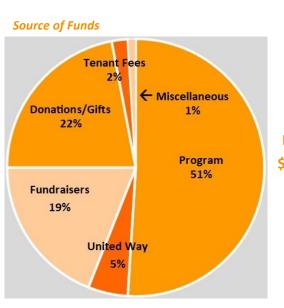
for all.

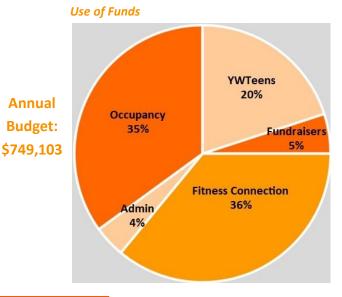
**YWCA** 

is dedicated to eliminating racism, empowering women.

and
promoting
peace,
justice,
freedom,
and
dignity
for all.

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